

Lunch Menu

Soups & Salads

Clam Chowder or Soup of the Day 5

Cup of Soup and Salad 10

Choice of soup or chowder and choice of salad

Salmon Salad 13

Grilled salmon on mixed greens, cranberries, almonds, and choice of dressing

Autumn Chicken Salad 8

Jerked chicken, mixed greens, butternut squash, boursin cheese, candied pecans, and house vinaigrette

House, Caesar, or Spinach Salad 5

Sandwiches

(Served with fresh made potato chips)

1/2 Pound Burger 10

Bacon, cheese, lettuce, tomato, onion, and "rum" sauce peccessos

Crab Cake 12

Lettuce, tomato, and "rum" sauce

Fish Sandwich 10

1/2 Pound beer battered cod with tarter on a hoagie bun

Island Chicken 11

Jerked chicken, grilled pineapple, island slaw, and pineapple aioli

Rumfish Wrap 10

Grilled chicken, lettuce, tomato, cheddar, bacon, and "rum" sauce in a honey wheat.

Firecracker Wrap 10

Fried chicken or shrimp tossed in firecracker sauce, with lettuce and tomato in a red pepper.

Smoked Pulled Pork 12

House made BBQ sauce and onion strings

Turkey Bacon Avocado Wrap 9 Lettuce, tomato, cheddar in a honey wheat served with ranch dressing

Entrees

Fish or Shrimp Tacos 12

Beer battered cod or grilled shrimp, fire slaw, tomato salsa, jalapeno and creme fraiche

Caribbean Chicken Skewers 9

Jerked chicken, pineapple, and red bell pepper, with mango habanero sauce and yellow rice

Penne Pesto with Crab Meat 13

Penne tossed with pesto, brocolli, and red bell pepper topped with lump crab meat

Jerk Chicken Pasta 10

Cavatappi pasta tossed in a jerk cream sauce with broccoli, corn, onion, and asparagus,

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Rum Glazed Salmon 14

Citrus-rum glaze, yellow rice, brussel sprouts 3000000000000000

Seared Tuna 12

Island slaw with sesame noodles, pineapple aioli, and wasabi

Crab Cake 13

One lump crab cake, roasted red potatoes, wilted spinach, and "rum" sauce. (add one more crab cake for \$8)

Beach Side Chicken 14

Jerked grilled chicken breasts, island slaw with yellow rice, grilled pineapple, steamed broccoli, and pineapple aioli

Pork Loin with Mango Salsa 8

Grilled center cut pork loin, mango salsa, roasted red potatoes and asparagus

*Consuming Raw or Undercooke Meats, Poutry, Seafood, Shellfish or Eggs May Increase Your Risk of Food Borne Illness, Especially If You Have Certain Medical Conditions.